

Recruitment Checklist

Freshman Year:

- Use this year to ask yourself questions about your personal preferences to determine what type of school or athletic program you would enjoy attending. Ask yourself the following questions.
 - How far are you willing to travel for school?
 - What size school population are you comfortable with?
 - What size town would you like to be living in during college years?
 - How much are you willing to spend on college? (Considering you do not receive a full-ride scholarship)
 - Is housing or dining quality important?
 - How important is the opportunity to be involved in other campus activities or clubs?
- After answering these questions, you can begin to start a list of schools that may meet the requirements that you have set.

Sophomore Year:

- This year would be a good time to become involved in a summer team for your sport. This will help expose you to other competition and coaching as well as testing your commitment level to the sport.
- Steps that should be taken during this year involve more specifics about your commitment level to academics and athletics. Answer the following questions.
 - How committed am I to this sport? And how much time am I willing to put into this sport during my college career?
 - How important is it for the professors to be understanding of athletics and coaches to be understanding of academics?
 - Am I able to keep up with school work and prioritize around a busy schedule?
 - How much playing time would I like to see during my career and how important is it for me to be apart of a successful team?
- Each school will have a different philosophy about how they approach student athletes. It is important to understand this, so you will be the most successful at both aspects. Narrow down schools even more after answering these questions. You may notice that you may have to compromise some of the personal preferences so that you can meet the more important goals of being a student athlete.

Junior Year:

- This year it is time to begin to develop an idea of what you would like to major in and how committed you will be able to be to your sports program.
- Try to be more committed to your sports teams (school and summer) to push your limits of commitment and reach for the highest levels of competition that you can. It is okay to lose to good competition because recruits are always watching the best teams play, so even playing well and losing to a good team can help get your name out there in the college world.
- Begin to visit schools that are on the list you have narrowed down. Most school will have a Junior Day and provide campus tours upon request.
- Learn more about the programs that the school offers and if they have options that you may be interested in majoring in.

Senior Year:

- Make contact with the coaches at the schools that you are interested in attending. Provide game schedules and film upon request.
- Make a serious budget for each school.
- Fill out all applications and requirements for each school.
- Fill out as many scholarships as possible and research any scholarships that may be unique to each school.